

Massage Packages

Deluxe Triple Treat 90 min 220
 Massage | Petit Spa Facial | Foot Lovers Massage

Indulge yourself with the benefits of this 3 in one treatment.
 30 min Massage to calm the mind and body,
 30 min Spa Facial leaving your skin luminous and refreshed.
 30 min Foot Lovers' massage soothing your feet into deeper relaxation.

Island Retreat 90 min 215
 Massage | Performance Spa Facial

A blissful treatment to help you beam. Starting with a deep relaxation aromatherapy massage with the scents of lavender and peppermint to calm, clear and relax your mind and body. Followed by one of our signature facials. A rhythmical sequence with a double facial cleanse, exfoliation, skin stimulating massage and mask, completing your treatment with a serum which is massaged into the skin and selected moisturiser.

Island Getaway 60 min | 90 min 150 | 185
 Massage | Petit Spa Facial

Have the best of both body and face treatment experiences with this two-part ritual. Your journey begins with our soothing aroma massage followed by our Petit Spa facial. This treatment will relax your mind and body.

Oceanic Ritual 60 min | 90 min 150 | 185
 Massage | Foot Lovers Massage

Melt away stress and tension with a full body massage, followed by a treatment for those sore and tired feet including exfoliation, foot wrap and foot treatment.

Couples Relaxation Escape 100 min | PP 185
 Foot Soak | Massage | Petit Spa Facial or Foot Lovers

Whether you're a loved-up couple, a pair of best friends or a mother-daughter duo, you'll absolutely love sharing this bliss together. Your experience begins with a de-stressing foot soak with an iced tea or glass of champagne, followed by a full body massage. Then, you'll be treated to a refreshing Petit Spa Facial ritual using a hydrating mask to leave your skin radiating, or a soothing Foot Lovers massage treatment.

Glass of Bubbles or herbal tea included.

Micro / Hydrodermabrasion

Facial | Micro | Hydro dermabrasion 60 mins 170

Skin Analysis, double cleanse, Microdermabrasion, AHA peel, Recovery mask, eye cream and moisturise.

Micro current facials

Microcurrent Facial Treatment 60 mins 170

Microcurrent has been shown to encourage the production of ATP (Adenosine triphosphate), which leads to the creation of structural proteins like elastin and collagen. Our Microcurrent facial treatment includes double cleanse, exfoliation, nourishing mask, serum and low-grade electrical current to firm, contour and lift the skin for a non-invasive, no surgery face-lift. A great alternative to Botox.

5 Hydro/Micro Treatments and receive ONE FREE 850

Enhancements

Professional strength facial mask for fabulous skin peels, collagen induction and uneven skin texture. Choose from:
 Activated A Dream Mask, Rose Peptide Collagen Mask,
 BHA + multi-B resurfacing mask, HA +PEA recovery mask 35
 Q10 Serum Infusion - Take home 30ml 70

Aromatherapy

Aroma Therapy Ritual - Take Home Oil 100 ml 57
 Lime Caviar Body Balm - Take Home 200 ml

Exfoliation

Back or full leg exfoliation 20
 (Lime or Pink Champagne Smoothers)

Upgrades

Heavenly Hair Treatment 15 min 30
 Float away with this beautiful intense hair treatment & scalp massage using hot towels to relax your mind and body.

Petit spa facial | Petit power facial 30 min 85
 A facial to brighten, nourish and revitalise your complexion.
 Double cleanse, exfoliation, mask and moisturise.

LED | MICRO | HYDRO 20min 40

Foot Lovers Massage 30 min 80
 Bamboo and spearmint exfoliation, purifying marine wrap,



- Remedial Massage
- Relaxation & Pregnancy
- Deep Tissue / Myo Therapy
- Hot Stone
- Dry Needling
- Cupping
- Facials & Facial Peels
- Body Wraps
- Body Sugar Smoothers
- Micro dermabrasion
- Hydro dermabrasion
- Micro current facial
- LED light Therapy
- Waxing & Tinting
- Gift Vouchers
- Couples Room

Book online: www.intuitivemassage.com.au
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 Suite 93/21 Shute Harbour Road, Cannonvale
 Open 9am - 5pm 7 Days
 Pick up and drop off service.
 (Conditions apply)
 Phone 4948 2468 or 0413 18 30 10

Body Wrap Ritual

Exfoliation | Wrap | Massage | Heavenly Hair 110 mins 195
 Let your stress melt away to a peaceful and relaxing journey starting with a full body polish, followed by an immersion of rich clay and body cocoon wrap. Whilst the wrap infuses enjoy a heavenly hair treatment & scalp massage. Finishing with a full body molten balm signature relaxation massage to refresh mind and body.

Choose from
 Lemongrass - detoxifying, revitalising, and restorative
 Organic Honey & Cocoa - Sensitive-dehydrated-mature

Body Sugar Smoother Ritual

Lime Caviar Sugar Smoother | Massage 90 mins 185
 Pink Champagne Sugar Smoother

Guilt free indulgence! The ultimate body treatment begins with a Lime Caviar Sugar Smoother rich in vitamin C and antioxidants or Pink Champagne Sugar Smoother rich on omega serums blended with vitamin E. Completing your treatment with a full body massage using lime caviar and mandarin molten body balm.

Hot Stone Therapies

Volcanic Stones | Performance Spa Facial | Heavenly Hair
 2.50hrs 315

Be warmed with head-to toe Volcanic Hot Stone massage to soothe muscles and stimulate circulation as the hot stones release blockages and ease any built up tension. Followed by a Performance Spa Facial and a Heavenly Hair treatment.

Glass of Bubbles or Herbal Tea Included

Hot Stone Massage 90 mins 185
 Full body massage using hot stone on your body. This massage technique has been used in many healing cultures. Stones are placed on meridian points and chakras to restore physical, emotional, and spiritual wellbeing.

Massages

Remedial, Relaxation, Deep Tissue, & Pregnancy.

30 min	80
45 min	95
60 min	115
75 min	145
90 min	170

Cupping and Dry Needling available as Add Ons.

Spa Ritual Packages

The Oasis 150 mins (2.5 hrs) 315
 Full Body Sugar Smoother | Performance Spa Facial Massage | Heavenly Hair

Our beautiful luxurious signature Oasis begins with a relaxing full body Lime Caviar Sugar Smoother rich in vitamin C and antioxidants or Pink Champagne Sugar Smoother layered in omega oils, organic cocoa butter and vitamin E to smooth and refine your skin. Your skin will then be treated with a full body massage using lime caviar and mandarin molten body balm. Followed with our Performance Spa Facial and Heavenly Hair treatment to finish off this exquisite treatment.

Glass of Bubbles or Herbal Tea Included

Pamper Package 150 mins (2.5 hrs) 315
 Exfoliation | Massage | Performance Spa Facial
 Foot Lovers Treatment | Heavenly Hair

This nurturing treatment promises to soothe your senses and restore mind and body. This delightful ritual begins with a hot aromatic towel and back exfoliation. Continuing with a relaxing full body massage using our delicious lime caviar and mandarin molten body balm. Followed by a smoothing spearmint and ginkgo foot polish and foot treatment. Once massage is completed your face will be treated with our Performance Spa Facial and finishing with our fabulous Heavenly Hair Treatment.

Glass of Bubbles or Herbal Tea Included

Pure Delight 120 mins (2.0 hrs) 275
 Massage | Petit Spa Facial | Foot Lovers Massage

Close your eyes and let go of your daily stress. This is your escape to a state of relaxation and rejuvenation. Begin your ritual with a full body massage using a luxury botanical oil layered with omega serums, molten butters, and vitamin E. Your indulgent treatment continues with a Petit Spa Facial that revitalises your skin and leaves you with a beautiful, radiant glow. Completed with foot scrub, wrap and foot treatment. You will leave walking on air.

Glass of Bubbles or Herbal Tea Included

Public Holiday Surcharge
A 20% Surcharge applies to all public holidays.
 Cancellation Policy
If you need to reschedule or cancel, please notify us at least 24 hours prior to your appointment to avoid cancellation fee. a possible 50 % "No Show" surcharge.

Performance Spa Facial

Triple Berry Performance Spa Facial 60 mins 150
 Problematic | acneic | congested skin.

The Triple Berry Spa Facial captures an intense infusion of super B vitamins synergised with clinical cosmeceutical, nutraceutical and aromaceutical touch points to create a remedial professional skin ritual to target problematic, acneic, congested and inflamed skin types. This clarifying treatment transforms barrier function, calms redness, equalises and clarifies oil while promoting skin brilliance, luminosity, hydration and healing.

Rose Peptide Performance Spa Facial 60 mins 150
 Collagen inducing | firming | brightening.

The Rose Peptide Spa Facial is a skin firming professional treatment harnessing collagen inducing clinical cosmeceuticals, nutraceutical actives and aromaceutical touch points to create a groundbreaking rejuvenation ritual. Smart peptide, Heptapeptide-7 delivered in a clinical 5% concentration delivers the unique ability to stimulate collagen production, diminish wrinkles and improve skin elasticity.

Spiced Maple Performance Spa Facial 60 mins 150
 Anti-inflammatory | healing | calming | barrier repair.

The Spiced Maple Spa Facial is a soothing first aid skin ritual delivering nutraceutical actives of repairing skin identical PEA with age proofing Astaxanthin and an intense dose of pure Vitamin E to triage inflammation, ease redness and protect, nurture and repair barrier function while easing and nurturing skin sensitivity.

Mum to be!

Blissful Baby Package 90 mins 255
 Massage | Petit Facial | Heavenly Hair

Time out before your baby arrives. Connect with a 45-minute pregnancy massage using a luxury prenatal aromatherapy serum with lavender and sandalwood. Then relaxing further into a Petit Spa Facial and Heavenly Hair Treatment.

Perfect for mum's to be from 2nd trimester onwards.

We also do waxing and tinting in our centre.
 Please ask for our waxing menu.